



Chakrayk Esthetics Spa Health & Safety Plan

Purpose:

This plan is to ensure the health and safety of all Chakrayk Esthetics Spa [the spa] staff and clients.

Objective:

To assure preventative health and safety measures are in place for all Esthetics services provided and clients safety and there is proper awareness of the sign, symptoms, new safety requirements and how to prevent the spread of covid-19.

Procedure:

- All policies, procedures and plans are approved and reviewed by WSCC NT annually which include the Health and Safety Policies and Procedures relating to the health and safety of the spa and clients.
- Evacuation/Safety/Security Procedures are reviewed with all clients upon arrival of their first visit and all safety precautions discussed with them during initial consultations.
- All clients are provided with up to date information on the recognition, prevention and symptoms of covid-19 and the steps the spa is taking to ensure their safety during services.

Sanitary and Safety Rules for Spa

(A) Enforcement.

(1) Spa shall implement and maintain the sanitary rules, safety of spa and clients.



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- (2) Spa shall assure compliance with the laws and regulations governing the operations of salons / spa in the NWT and all inspectors have access to review health and safety procedures as requested or required and keep up to date with all new safety and precaution measures introduced by the GNWT.
- (3) Spa to post health and safety posters and guidelines visible to clients upon entry of the spa, including all relevant covid-19 health and safety information.
- (4) Spa to post on social media / websites all safety guidelines and rules, spa policies and new covid-19 client service adjustments.
- (5) Spa will adhere to the following WSCC Worksite Exposure Control Measures for COVID-19.

Standard universal precautions, including:

- Informing clients how the virus is spread.
- Enhanced cleaning and disinfecting procedures and schedules made available upon request.
- Prescreening all clients 24 hours prior to them arriving for apt for any signs of illness.
- Signage posted of the Signs and symptoms of COVID-19.
- Signage posted on Healthy Respiratory Practices.
- Using touchless tap payment where possible for all transactions.
- Ensuring all PPE fits properly.

(B) Rules.

- 1) The spa part of a premises which is approved for the delivery of sanitary services to the public, must be separated by solid walls and separate door entrance to where services will be performed to ensure security and privacy and compliance with physical / social distancing.
- 2) Spa shall comply with all Territorial and local building, plumbing and electrical codes.
- 3) Spa shall comply with all relevant federal/territorial workplace health and safety laws.



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- 4) Toilet Facilities - must provide toilet and hand washing facilities consisting of at least one commode and one lavatory in good working order, with hot and cold running water, soap and individual disposable towels.
- 5) Drinking Water. Spa to supply potable drinking water.
- 6) Spa will provide PPE to clients such as non-medical masks, gloves, sanitizer, disinfection wipes and disposable towels and drinking cups.

Upon Entering the Spa – All clients will have the following new rules implemented resulting from new Covid-19 risks:

- Clients are to remain in their Vehicles until waved to come in.
- Hand Sanitizer provided upon entry of facility / spa.
- Temperature will be taken to ensure no signs of illness are showing.
- *Clients will be asked if they feel ill or display any of the following symptoms:*
 - *cough*
 - *fever*
 - *difficulty breathing*
 - *pneumonia in both lungs*
- *Client will be asked the following:*
 - *been on a recent flight, cruise, train, or at a public gathering or recently returned to the NWT.*

****If Clients show any signs of illness or recent exposure to recent travel or large public gatherings, client will be rescheduled after two weeks.**

- Clients will be asked to wash hands for 20 seconds with soap and water and to use disposable towels provided
- Clients will then be provided with a disposable mask to wear during appropriate service
- Clients will be offered a pair of disposable gloves.
- Clients will be offered Disinfection wipes for phones / purses



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Infectious Disease.

7) Spa must not permit any person afflicted with an infestation of parasites or with an infectious or communicable disease which may be transmitted during the performance of the acts of service or any of its branches, to enter the spa.

Personal Cleanliness.

(1) All uniform or attire worn by an aesthetician serving a client must be clean and appropriate at all times and freshly laundered.

(2) Washing Hands – Hand wash prior to putting on PPE before servicing each client is required for a minimum of 20 seconds with antibacterial soap and water. Hand sanitizer is then used and then gloves and masks are applied.

(H) Station clean up and prep.

- Dispose all non reusable items - sponges, wood sticks, cotton wipes, gloves lancets, blades, unused product.
- scrub implements thoroughly with antibacterial soap and warm water [all bowls, implements used [extraction tools]
- rinse and dry
- SPRAY WITH 70% ALCOHOL - AIR DRY FOR 5 MINS
- immerse in pre-empt hospital grade soak for 20 mins
- remove from pre-empt soak rise thoroughly then dry with clean towel - put away
- wash hands again for 20 secs with antibacterial soap
- completely wipe down station with pre-empt wipes
- empty trash
- launder all sheets / towels used
- prep bed / station for next client
- remove and dispose all PPE and prepare station for new client
- wash hands one last time

All disinfected instruments must be stored in a clean, covered place in a sterilized/sanitized area for next client use.